



Annual Report 2014



Namaste Community Foundation, Nepal

Empowering the lives of underprivileged children and people of Nepal

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FROM THE FOUNDER / DIRECTOR

Dear Well-Wishers and Supporters,

Namaste and warm greetings from all of us at Namaste Community Foundation.

It is with great pleasure and privilege to present our annual report for the fiscal year (16th July 2013-16th July 2014) that provides you with a clear picture of the achievements for this year. These have been made possible through your generosity and contributions. We are a great place with opportunity and hope for many poor children and desperate people of Nepal.

During our last 11 years, we have positively impacted many lives of needy people and brought sweet smiles to their faces. It is amazing to see several children and women achieve their independence through education, training, care, love and entrepreneurship. They have now found jobs and some are running successful businesses. The collective human spirit and power is quite unbelievable and it has already transformed so much human sadness into happiness through Namaste Community Foundation. Also at NCF-Nepal, we take responsibility for ourselves and for each other, for the ideas we embrace and for the future we share. We celebrate selflessness and value those around the world who step forward and make unprecedented contributions to the well-being of humanity in a very friendly, transparent and professional way with mutual understanding.



To continue to do the work we are doing, we need your help. If you want to make a difference or desire to help us change lives, then we encourage you to organize any type of charitable event in our name. Let us do this with joy, while changing peoples' lives. We need your support and contribution to be able to help even more vulnerable children and women of Nepal. Please know that your

generosity and sponsorship means providing permanent shelter for more underprivileged children and giving them the love, guidance and affection they need to grow into beautiful and capable young men and women.

Many sincere thanks go to the members of my team here in Nepal, who work tirelessly to get the positive outcomes and to adhere to the collective missions. I couldn't be more proud of the dedication you have to make NCF-Nepal a fair and very successful organization.

As we mark this important milestone, our team in Nepal looks forward to continue to work with you in the years ahead, positively changing the lives of many children and people.

Most sincerely,

Visma Raj Paudel

And Namaste family, Nepal

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Although there have been numerous activities which have occurred in the last financial year, we would like to describe the major happenings in order to have a clear picture of what we have actually accomplished to make last year memorable with bundles of success stories.

1. CHILDREN'S HOUSE



Two children's houses, namely Namaste Children's House (Lakeside) and Onni Children's House (Damside), are running under this program. The first and foremost responsibility of the organization is to take children from different casts, religion, status, regions, cultures, situations, ages and help them adapt their behavior in a home-style orphanage while maintaining their complete rights.

A total of 60 underprivileged children aged (5 to 19 years) from difficult and traumatic backgrounds including children rescued from jails (prison), from landslides, from the streets of Pokhara and other places have been provided a quality education, healthcare and love in a safe home-style environment.

Five children have been partially reintegrated back into society after completing basic education, vocational training and job placements in and outside of Pokhara.

Currently, 55 children are residing with us: 39 at Namaste Children's House, Lakeside and 16 at Onni Children's House, Damside, Pardi.

We have given them back a childhood by protecting them from addiction to drugs, dying from a lack of food, working as a child bonded laborer, living as a victim of abuse, etc.

Over the years, a total of 51 children have been reintegrated into society and are working with various sectors in and outside of Pokhara, as well as supporting their siblings financially.



Children's regular activities at our children's homes:

The children, who are under the protection of this organization, are provided for following the child rights law and are encouraged to feel responsible toward society and the nation. Toward this purpose, the following activities are carried out;

- Children are mobilized with the daily systematic work schedule.
- Children are provided with a balanced diet as per the quarterly schedule prepared by consulting with the children themselves.
- Regular monthly meetings - children and the members of the staff
- Regular monthly meetings of the Child Club - children only
- Education - academic, computer, English, dance and arts-related classes
- Health - daily morning yoga, physical exercise, frequent health checkups, balanced diet, etc.
- Entertainment - outings, television, movies, knowledge documentaries and frequent picnics, trekking, etc.
- Games - football, ping pong and many other indoor and outdoor activities
- Funny Friday program - This is the weekly program hosted by the children of the organization to explore the talent and creativity that resides within them.
- Involvement - Involvement of children in house chores in accordance to their age and health.
- Sanitation program - organized monthly to help children realize and feel their social responsibility
- Trainings, seminars and public awareness programs - children's rights, abuse prevention, public awareness, etc.
- Pocket money distribution - to purchase materials and special foods that they desire
- Socialization - Children are sent to their home or to their relatives twice a year. There is also an Educational tour.
- During vacations from school, special programs are scheduled and organized.
- Cultural programs - celebrating all festivals and providing information about our culture and tradition
- Moral awareness - Humanity (feeling of love and support)

2. SCHOLARSHIP PROGRAM



Developed in 2004 as a result of fieldwork, we have created an opportunity for 119 semi-orphaned children residing in Kaski, Chitwan, Shangya, Tanahun, Gorkha and Mustang. Here we ask their poor families to care for food and housing and we help support them with admission fees, tuition fees, two pairs of uniforms, socks, shoes, all stationary materials, books, bags, festival clothes and some

pocket money, transportation cost, and a partial amount of medical expenses. NCF monitors the attendance and performance of all the scholarship children.

3. SELF SUSTAINABILITY PROGRAM



This program was launched with the purpose of making people, who are living below the poverty level, to be financially independent. Under this program we provide financial support to the families who acquire training from the Women's Empowerment program and to the families of those children who are supported by our Scholarship program. Such financial support is provided with a nominal interest rate, varying from Nrs. 20,000-100,000 depending on the nature and size of the business.

A total of 42 successful entrepreneurs have been created till date from the poor families in businesses like tailoring, livestock farming (cow/buffalo/chicken) and retail shops (tea/vegetable/cloth store). This opportunity has reduced the financial dependency and has created sustainable income to help support the families providing them with a feeling of self-worth and helping them become productive members of society.

Buffalo Farming	Cow Farming	Goat Farming	Chicken Farming	Sewing Centre	Street Vendor	Vegetable Shop	Total
6	4	7	1	20	3	1	42

4. HEARING CLINIC



The Hearing Clinic was started with the main vision of providing hearing aids to the poor people who have hearing problems but this program eventually included free hearing examination camps, free medication, and a public awareness program. More than 20,000 people have received free examinations and medication and around 1,450 people have been given hearing aids for free.

During the last financial year; 3,783 hearing patients have received free hearing examinations, 346 were given free hearing aids and around 1,573 were provided with free medication and 36 were referred for free surgery. In addition, we have been organizing many free hearing camps, awareness programs and have been distributing pamphlets for public awareness. Thousands of students, other line organizations and children's houses are getting direct benefit from the program we organize. Besides camps, we also provide regular service to our patients in our own clinic in Gaurighat, Lakeside.

5. WOMEN'S EMPOWERMENT PROGRAM



A total of 20 trainees successfully completed 3 months of tailoring training, along with sessions in psychosocial counseling, business and motivation, provided by successful people behind the scenes. Trainees were from Lahachowk, Ghachowk, Machhapuchhare V.D.C and different other nearby villages. Out of those 20 trainees we provided residential

accommodations to 5 of them. Trainees were provided with a certificate, along with motivational allowances. Currently, a group of 25-30 women from Lahachowk, Ghachowk and Machhapuchhare VDC are going through the process of selection to join the agricultural and livestock farming

training. Under this program, our goal is to support 40-50 women who are below the poverty level with a year of technical training that will empower them with financial independence.

(Note: the team of agriculture and livestock training has been completed in October 2014)

6. FUNDRAISING PROGRAM

During this past year, we realized the internal and external sources of income and organized various fundraising programs, for which we gained regular support from the national and international specialists. We were able to publish our 10th anniversary booklet, made instant progress on the organizational website update and promotion, distributed the regular quarterly newsletter, proposed fundraising for the volunteers, produced documentary films, created postcards, T-shirt and sold various handicraft items. In addition, we invited the personnel from our partner agencies, provided them with necessary support in tour management and tried to trace out the source of funding. As a result they are helping us with the fundraising program and are very much cordial to the organization.



7. OTHER EVENTS OCCURRING DURING LAST FINANCIAL YEAR



1. Completion of annual general meeting

Just like the previous year, this year Namaste Community Foundation celebrated its 11th annual general meeting with lots of happiness among its children, staff, board members and advisory board. Guests from line organizations, government bodies and from child related offices also joined the program activities.

2. Various celebrations

We celebrated many of the festivals in a very cheerful way in cooperation with the staff members, board members, and many other partner agencies. The following festivals were celebrated with children and staff working under NCF-Nepal: Rakshya Bandan, Krishna Janmastami, Haritalika Teej, Dashain, Tihar, Ekadashi, Christmas, Tote, Holi, Shivaratri, Easter, Saraswati Puja, Buddha Jayanti, Tahu Lhosar, Nepali and English New Year, Ram Nawami, Chat Parva, Gaijatra, etc.



Craft/Art lessons



Dental Checkup



Free Hearing Treatment



Staff Brainstroming



Blood Donation Program



Free Health Checkup camp



Staff Training for Silent Killer

3. Children's skill enhancement program

We organized different programs in order to empower the children to support their inner talent. Under which we organized a variety of classes and competitions, such as, dancing, computer education, singing, drawing, story writing, essay writing, poetry, speaking, and knowledge quizzing. We also organized various sporting events like football, table tennis, volleyball, chess, ludo, etc.

4. Regular Health Check-up

The regular health check-up program for the children was organized on a timely basis. Children under went semi-annual preventive health check-ups including oral examinations, hearing check-ups and many other medical examinations on a need basis. All the health check-ups were facilitated by Celestial Hospital-Lakeside, Gandaki Teaching Hospital-Pokhara, Manipal Teaching Hospital-Pokhara, Himalayan Eye Hospital-Pokhara, Ujeli Health Care Support-Pokhara and Riverside Health Care Centre-Lamjung.

5. Supported for free health check-up

We supported many of the health programs organized by different social organizations through the Hearing Project-Nepal either for free hearing camps, first aid services or basic clinical facilities to the poor people from remote areas.

6. Help to other Children's Houses

For the successful completion of the program organized by the Network of children-Kaski for fundraising; NCF-Nepal provided its total support in regards to financial, moral and humanitarian support. In addition, we also supported many other children's houses in preparing their children's house policy, child protection policy and many other documents needed by the District Child Welfare Committee, Kaski.

7. Support to social organizations and schools

In order to motivate the local club based in Ghachowk, NCF-Nepal supported them financially. The foundation also supported Shree Balkalyan Primary school which is based in Ghachowk with the amount of Nrs. 100,000 for school development. NCF-Nepal also gave financially to the construction of the building of Naulo Ghumti. On various occasions the NGO Federation, the District Health Post-Ghachowk, the rehabilitation center-Bulaudi and other local clubs were supported financially by NCF-Nepal, along with some street children.

8. Staff Empowerment through training

On a needs basis, staff participated in the capacity building trainings. Members of the staff were mainly engaged in training for fundraising, accounting, primary and oral healthcare, slow poisoning, the Red Cross, the Montessori method and shawl production.

9. Children reintegration

Last year five children were successfully reintegrated to live with their close relatives. Out of those, one child was reintegrated after they earned their School Leaving Certificate, three were reintegrated because their families' economic status was enhanced. Those children will get partial support and supervision by Namaste for at least 2 years even though they have been reintegrated.

10. Support for higher education

Five children, who were partially reintegrated from this organization, were supported fully for their education via scholarship program last year. Six others, previously reintegrated, are also supported fully for their education. In addition, eight children, who were not able to purchase school uniforms and stationary materials just because of their poverty level, were also supported last financial year.



Vocational Training



Paid job after training



Trained Waiter at Job

is user friendly.

11. Vocational training

In accordance to the policy of the organization the children who were found to be struggling with their education were provided with the vocational training to help them become independent. Under which one of the children was provided with waiter training and provided the necessary support to help him with his employment.

12. Advocated for citizenship certificate of Children

The children under the protection of NCF-Nepal and those who have reached 16 years of age were provided with our total support and effort to gain their citizenship certificate.

13. Staff training, seminars and staff insurance

All of the staff working under Namaste Community Foundation-Nepal were insured with accidental insurance on the basis of the company's policy. To motivate and to build up their skills, the staff was provided with different kinds of training and seminars.

14. Other support

Besides the above listed activities NCF-Nepal has provided different types of support on a timely basis and will continue providing such support in the near future but, the positive and negative impact of the support will also be analyzed.

15. Organizational information

To make more and more people aware of the organization, we have been publishing a newsletter quarterly and we have been posting our important activities on Facebook, a social network. The prevailing website will be presented soon in the very new look that

8. FUTURE PROGRAMS AND ACTIVITIES FOR THE FINANCIAL YEAR 2014-2015

1. Major Proposed Activities

- ❖ Continue activities of the Children's House with no additional children (unless very risky).
- ❖ Continue with the scholarship program and work out to support more children after restructuring and reintegrating those children whose family income has increased.
- ❖ Continue with the activities of the hearing clinic and create awareness, regarding hearing loss.
- ❖ Provide various employment opportunities to make the women independent through the Women's Empowerment Project based in Ghachowk.
- ❖ Launch the Family independence program and make the necessary amendments.
- ❖ Start the income-generating project at Ghachowk and continue with the land registration process that is pending.
- ❖ Protect the land at Ghachowk with wire fencing and start with other various construction programs.
- ❖ Make some amendments in the proposed program of the Children's House and other various programs at Ghachowk and recognize and start up the most needed project of the western region.
- ❖ Start the income-generating project to reduce foreign aid dependency.

2. Other Proposed Activities

- ❖ Organize the 12th Annual General Meeting in participation with the government line organizations.
- ❖ Work for the renewal of the organization and the budget approval from the Social Welfare Council.
- ❖ Organize the Social Audit Program, DPAC and other activities to complete the government requirements.
- ❖ Obtain the commitment letter from the donor agencies in order to reduce the financial risk.
- ❖ Increase the general members of the organization and organize various programs to increase the members' devotion.
- ❖ Update the website for the promotion of the organization to support regular fundraising.
- ❖ Provide training for the employees as required and enroll national and international specialists as needed.
- ❖ Update the accounting procedure as per the advice from chartered accountants with recent legal amendments (if any) and follow them as far as possible.
- ❖ Organize various social programs in coordination with the Nepal government and other social organizations in order to support more people in need in different areas.

9. COLLECTION AND USAGE OF FUNDS

A) Collection of funds (Incomes):

During the financial year (FY-2013-2014) we have collected 26,598,441.97 (NPR) through the support of charities abroad and the NCF-Nepal team. Out of this, 67% (17,821,607.42) was collected through the charities abroad and 33% (8,776,834.55) has been collected through fundraising activity donations, child sponsorship fees, general donations, brick sponsorship, souvenir gifts, bank interest, membership fees, hearing gifts and others.

Details of Major Donations from & through charities abroad:

Npr. 17,821,607.42

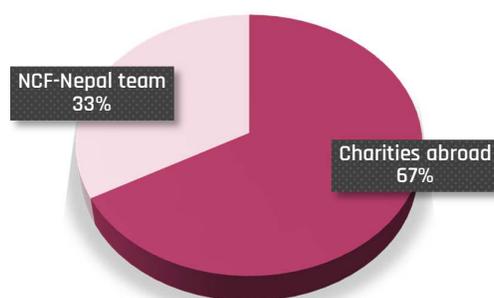
(Namaste Foundation, Wind of Change International, International Association for Human Values, Sirius Foundation, Namaste Children's House - IOM, Darvia International Child Welfare Fund, Friends of Children Nepal, Nepal Orphan Project, etc)

Details of Funds collected from & through NCF-Nepal

Npr. 8,776,834.55

(Fundraising activity donations, General Donation and other supports, Individual child sponsors, Bank Interest and Membership Fee)

Collection of Funds (Income)-Financial Year 2013-2014



B) Usage of funds (Expenditures):

During the financial year (FY-2013-2014) we have spent Nrs. 26,612,263.50 (NPR) for our various programs including the startup of Ghachowk Project and general administration costs. The details under the different headings are given below.

Details of application of funds in various programs:

1) Program Expenditure

Npr. 18,815,968.95

(Namaste Children's House, Lakeside, Onni Children's House, Damside, Scholarship Program, Hearing Project Nepal, Family Self Sustainability Program, Women's Empowerment Program, Fundraising expenditure, Community Support Program) Note: The fundraising expenditure includes the expenditure related to expert placement and other initiatives, which are covered under the same income-generating category.

2) Administration and General Expenditure

Npr. 2,616,791.00

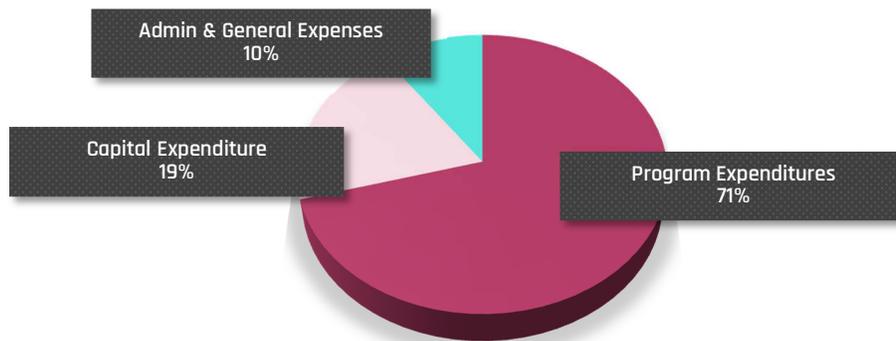
(Human Resource Expenses, Transportation, Travel, Consultancy (Legal, Audit, Experts), General Expenses)

3) Capital Expenditure

Npr. 5,179,503.55

(Most of these expenditures are related to the start-up phase of the Women's Empowerment Centre at Ghachowk. The cost included: Garage construction, furniture and fixtures, office equipment, kitchen utensils, quilts and beds, machinery and parts, solar system, leasehold improvements, jeep and motorbike purchases and other assets)

Use of Funds (Expenditure)-Financial Year 2013-2014



10. OUR APPEAL

We owe a lot of thanks to those from Nepal and abroad who have supported us from the very beginning. Your financial contributions are essential to the existence and future growth of our organization. Our dream for expansion is to help more children and people of Nepal and we would love to have you as a part of our family. Please get involved and help us to continue our mission. If you would like to support us through our partner charities abroad, please don't hesitate to contact us!

Any level of support is greatly appreciated and goes directly to the future wellbeing of the children and needy people of Nepal.

11. CONTACT ADDRESS

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"Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver" - Barbara De Angelis